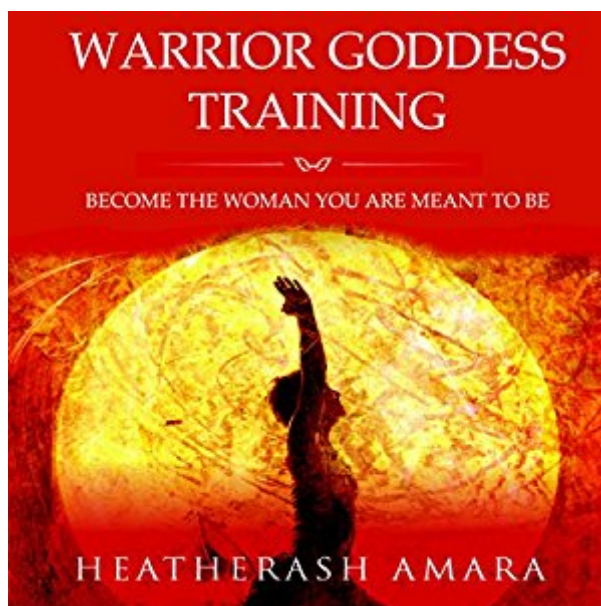


The book was found

Warrior Goddess Training: Become The Woman You Are Meant To Be



Synopsis

It's no secret that women today are juggling a lot. We now make up more than half the workforce in the United States and are busier than ever with partners, children, family and friends, often putting the needs of others ahead of our own. And if we feel overwhelmed by it all or fall short of perfection, many of us have learned to be our own worst critic rather than our own best friend. In *Warrior Goddess Training*, best-selling author HeatherAsh Amara provides the antidote to the flawed idea that you are not enough. Direct, honest, and unapologetic, Amara will show you how to release the layers of expectations to finally see yourself for the authentic, perceptive, perfect woman you really are. If you don't love and honor yourself with every fiber of your being, if you struggle with owning your power and passion, if you could use more joyful play and simple presence in your life, then it is time for an inner revolution. It is time to claim your warrior goddess energy. Drawing on the wisdom from Buddhism, Toltec wisdom, and ancient Earth-based goddess spirituality, the warrior goddess path includes personal stories, rituals, and exercises that will encourage and inspire you to become the true warrior goddess you are meant to be.

Book Information

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> Religion & Spirituality > New Age & Spirituality > Spiritualism

Customer Reviews

I picked this book as I was at a place where I was questioning my strength due to a great loss in my life and I begin to see I was falling back into patterns of being a door mat and not moving forward on my path to my authentic self. This book was an amazing and blessed thing that showed up in my life at the exact right time.

I read it through, and I can feel myself shifting. I want to read it again, slowly, chewing on it, completing the exercises, and journaling as I go through it. I have no words for the impact it made. All I can say is it resonated, deeply. I know this book was meant to be in my hands and imprinted on my heart.

I am a man. This book wasn't written for me, but I am so glad that HeatherAsh Amara has invited women everywhere to step into their most powerful, natural selves in this way. Frankly, it is a confusing time for men. Our traditional roles and expectations are changing in major ways and we need women to meet us with honesty, love, and a commitment to themselves. When they do, it helps us make the transition to a more balanced way of relating. Evolving men need warrior goddess women more than ever right now. That is exactly what HeatherAsh Amara is teaching in this wonderful book of hers. I have learned a lot from her in live classes. She has led me on firewalks more than once. She embodies the raw, vulnerable, loving life and now she is asking other warrior goddesses-in-waiting to step off the sidelines and join her. Thank you, HeatherAsh! You are making the world a better place. This book is strong medicine delivered gently and with so much love.

This book was actually quite instrumental in the transformation of self. I'd been working on myself for a couple of years now. But, something in this book resonated with me and another light bulb went off. Happy to share the title with all of my friends.

Started reading, and so far is a positive empowering message of love and moving forward, knowing yourself and accepting responsibility for you Divine right to Create your life. (I also bought the workbook) will update...

Warrior Goddess Training came up in a conversation and my interest was peaked right away. After seeing that the book was written by don Miguel Ruiz I was sold. And I was not disappointed. We women struggle with all the expectations and are often left feeling as if we have failed. This book really helps you find yourself and learn how to be yourself.

I have begun reading many self-help like books but none have ever grabbed my attention enough to continue reading let alone resonated the way this book does. Even for those who may not be into

this sort of thing this book is a must read in my opinion!

For an amazing transformation and revolution within, read and follow the teachings in this book! Discover, awaken, and manifest the truest and most sacred dream and vision of your Spirit. Heather Ash Amara offers bright inspiration, practical wisdom and guidance for women seeking peace, truth, beauty, and power as sisters and Goddesses on this splendorous Earth. I pray for the heart of a Warrior Goddess, with all my love and gratitude.

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